

Adding Volume to Your Wig

A Guide for Achieving Fuller, Natural-Looking Hair

Whether you wear a straight, wavy, or textured wig, adding volume can enhance your look while maintaining a natural appearance. This guide provides practical methods, products, and techniques to help you achieve the fullness you desire.



Techniques

Teasing/Backcombing

Gently backcomb 3-4 inches from roots, smooth top layer

Blow Drying

Use round brush with low heat to lift roots (human hair/ heat-safe only)

Change Your Part

Switch to side part or zigzag part for instant lift

Steam Curling

Heat-free method for synthetic wigs using garment steamer

Professional Trim

Layers remove weight and add movement

Upside-Down Styling

Flip wig while spraying for gravity-assisted volume

Accessories & Tools

Volumizing Pads/Bump-Its

Plastic or foam inserts placed under hair at the crown for instant lift

Wig Inserts/Fillers

Hairpieces that clip underneath for substantial fullness

Teasing Combs

Fine-tooth combs for backcombing at roots

Hair Toppers/Wiglets

Pre-styled pieces for crown coverage and volume

Rollers

Self-hold or foam rollers for gentle waves and volume

Diffuser Attachment

For blow dryers to lift roots gently

Products

Volumizing Powder

Applied at roots for natural lift without stiffness

Dry Shampoo

Adds volume and texture (use sparingly!)

Texture Spray/Hairspray

Adds grip and hold; spray at roots while flipped upside down

Mousse

Lightweight formula for root lift and fullness

Sea Salt Spray

Creates separation and volume with natural texture

Styling Wax

For heat-safe synthetic wigs with blow dryer

Important Wig Type Distinctions

Synthetic Wigs

- Avoid excessive brushing/combining on textured wigs (especially those with tight curl patterns)
- Use cool water when washing
- Heat styling ONLY if labeled 'heat-friendly' or 'heat-resistant' (max 250-280°F)
- Use products specifically formulated for synthetic fibers
- Wide-tooth combs can be used sparingly on kinky straight wigs; avoid on curly/coily styles
- Steam curling is a gentle, heat-free alternative

Human Hair Wigs

- Can tolerate regular heat styling tools
- Always use heat protectant products before styling
- Paddle brushes work well for styling
- Can use similar products to natural hair
- Requires more maintenance but offers greater styling versatility
- Curling irons, flat irons, and blow dryers are all safe to use

Special Note for Textured Wigs (Types 3C-4C)

Textured synthetic wigs should NOT be manipulated with combs and brushes, as this disrupts the curl pattern and style. Most textured wigs already have natural height and volume built into the style. If additional volume is needed, focus on products (like volumizing powder or mousse at the roots) and gentle techniques like changing your part (if it's a lace front or monofilament wig) or using wig inserts underneath.

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