

## Makeup skills for Alopecia: Lashes, Base, and Contour with Confidence

### Webinar Products, Notes, and Recommendations

#### 💡 Products Keya used:

- [iMethod Eyebrow Pen \(Dark Brown\)](#)
- [Anastasia Brow Pomade \( 1 Shade above natural hair color\)](#)
- [Morphe Eyebrow Pencil \(Java\)](#)
- [24 Hour Brow Setter Gel](#)
- [Starter Kit Brow Gel & Pencil](#)
- [Lash Duo \(Pink Box\)](#)
- [Hypoallergenic Eyelash Glue \(Kiss with Aloe\)](#)
- [Epic Ink Liquid Eyeliner](#)
- [Wispy Eyelashes \(Natural with flare look\)](#)
- [L'Oréal Voluminous Mascara \(Black\)](#)
- [Shears To Cut Lashes](#)

#### 💡 Products Abby used:

- [CoverGirl 1mm Nano Pencil](#) (color: medium brown)
- [e.l.f. Ultra Precise Brow Pencil](#) (cheap alternative)
- [iMethod Hair-Like Brow Pen 100](#) (Waterproof liquid brow pen, color dark brown)
- [Wunderbrow Eyebrow Gel](#) (waterproof alternative, color blonde)  
I apply with a small angled brush; it's a bit tricky to apply, but it's a great waterproof option.
- [Nyx Lift & Snatch](#) (color brunette)  
It's not waterproof, but long-lasting, and great for the individual brow hair look. I usually layer this with a regular brow pencil.
- Translucent setting powder (brand doesn't matter)
- [Milani Make It Last](#) Setting Spray (brand doesn't matter but this one has SPF)

- [Urban Decay All Nighter Setting Spray](#) (good alternative)

## **Notes & Recommendations from Abby**

### **Brow Transfers**

These are like “temporary tattoos” for your brows. They work best if you have no brow hair at all. Since I have a little bit of peach fuzz, I usually don’t use this method. I also like the versatility of a brow pencil, since I can change my brow shape to match different wigs.

That said, some of my friends with alopecia who have no brow hair really like this option!

**Tip:** To remove them, use a piece of clear tape.

### **Recommended brands:**

- [Brows by Bossy](#)
- [Lusta brow](#)
- [Baldie Bean Brows](#)

You can also find affordable multipacks on Amazon. These are lower quality, so they don’t look as natural or last as long, but they’re great for practice or for figuring out what shape and color you like.

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### **Lash Glue**

- [iEnvy by Kiss Super Strong Hold](#) (black)
- Ardell (also a great option)

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### **Lashes**

- Amazon multipacks
- Kiss (drugstores)
- Ardell (drugstores)

## Choosing Lash Bands

Lightweight, “natural” lashes often have flimsy lash bands. These can look very natural, but without bio lashes to support them, they sometimes droop.

If you find your lashes drooping:

- Try lashes with a slightly **firmer lash band** for better support.
- Example: Ardell Wispies are beautiful and natural-looking but may droop if you’re not careful.
- Amazon multipacks usually have slightly thicker bands, which help the lashes stay up.

You want a lash band that’s:

- Firm enough to stay up without bio lashes
  - Flexible enough to conform to your eye shape
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## Some of My Favorites

### For a natural look

- [D1 Natural \(6–13MM\)](#) — my personal favorite
- Very lightweight, so they may take more patience to apply without bio lashes.

**Tip:** While the glue is drying, lightly push them up to keep them in position.

### [For a natural-but-slightly-glam look \(my daily go-to\)](#)

- Slightly firmer lash band makes them easier to apply
- Look best paired with a bit of black eyeliner

### For a more dramatic or playful look

- [Manga lashes](#)
  - Style “Natural” – everyday glam look
  - Style “Cosplay” – for costumes and special looks