



## **Minnesota Alopecia Areata Virtual Support Group**



**Thursday, December 1, 2022**

**7pm CST**

**RSVP to Heidi Odmark: [hodmark@comcast.net](mailto:hodmark@comcast.net) or 612.729.4036  
For ZOOM link**

This support group is an ideal place to come and talk with others about living with alopecia areata. It is the place to gain knowledge from those who have had years of experience. With time comes the ability to deal and cope with your own hair loss or that of a loved one. We are very fortunate that so many are willing to bring to the meetings their wisdom and advice to share in a direct but compassionate manner that reflects understanding and concern. The support group experience has its rewards for all who attend.

[naaf.org](http://naaf.org)